

Baskets of Behaviours

Begin by writing every behaviour that you want to change below. Then cut into pieces that can be moved into your baskets. Now you are going to work out which are the most important.

Use the first basket to put the things that you are going to ignore in. Most of your pieces of paper should be in this basket

For the middle basket, put the things that you are prepared to be flexible about or negotiate over.

In the smallest basket you should put the things that you are no longer willing to tolerate. This should be no more than one or two things.

Baskets of Behaviours

Behaviours that you will choose not to respond to:



Behaviours that you are prepared to negotiate about:



Behaviours that you are going to focus on and prioritise:

